

Pandemic Influenza Supplies Checklist

In addition to your regular emergency supplies, you should have certain items so you are able to care for sick family members at home. Use this checklist to plan the types of home care supplies you will need and the amounts to buy. It is a good idea to gradually buy items now, so you have at least a two-week supply for each person in your home.

**PLAN
PREPARE
PRACTICE**

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Two-Week Pandemic Flu Supply Checklist

Items	2 people	4 people	Your quantity	Check off
Thermometer	1	1		
Eye dropper	2	2		
Surgical or procedural masks	50 masks	100 masks		
Bleach	1/2 gallon	1 gallon		
Laundry detergent	1 lb	2 lbs		
Dishwashing detergent	1 bottle (250 ml)	2 bottles (500 ml)		
Soap	2 bars / 3 dispensers	4 bars / 6 dispensers		
Toilet paper	6 rolls	12 rolls		
Paper towels	4 rolls	8 rolls		
Tissues	3 boxes	6 boxes		
Alcohol-based hand sanitizer	2 (8 fl. oz) containers	4 (8 fl. oz) containers		
Drinks with electrolytes	48 (8 fl. oz) bottles	96 (8 fl. oz) bottles		
Prescription medicines	as needed	as needed		
Pain and fever medicines	1 large bottle	2 large bottles		
Cough medicines	2 bottles	4 bottles		
Liquid medicine for children	2 cups per child	2 cups per child		
Rubber gloves	1 pair	2 pairs		
Disposable gloves	24-100 pairs	50-100 pairs		
Antibacterial wipes/gel	1 box	2 boxes		
Manual can opener	1	1		
Feminine hygiene products	as needed	as needed		