

# Pandemic Influenza: Preparedness Evaluation

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**As a result of information you have received at work, a meeting, or from television, radio, or your child's school, have you begun to prepare:**

- A two-week supply of water stored—one gallon per person, per day? Yes \_\_\_ No \_\_\_
- A two-week supply of non-perishable food? Yes \_\_\_ No \_\_\_
- A back-up plan in case the electricity goes out? Yes \_\_\_ No \_\_\_
- Nonprescription drugs and health supplies on hand, particularly ibuprofen or acetaminophen for each person in the house, and a two-week supply of cough medicine? Yes \_\_\_ No \_\_\_
- A two-week supply of prescriptions medicines (and regular checks to ensure a continuous supply) ? Yes \_\_\_ No \_\_\_
- A supply of disinfectants and chlorine bleach? Yes \_\_\_ No \_\_\_

**Have you:**

- Talked with family members, loved ones, and neighbors about how they would be cared for if they got sick, or what will be needed to care for them in your home? Yes \_\_\_ No \_\_\_
- Taught your family members to wash their hands frequently with soap and water for 20 seconds—or the time it takes to sing “Happy Birthday” twice—and modeled that behavior? Yes \_\_\_ No \_\_\_
- Taught your family members to cover coughs and sneezes with tissues or cough into their sleeve, and modeled that behavior? Yes \_\_\_ No \_\_\_
- Encouraged your family members to stay away from others who are sick? Yes \_\_\_ No \_\_\_

OVER

Regarding an influenza pandemic, what is the ONE thing that has motivated you to take action or has made you want to be prepared?

What ONE thing has kept you from taking action to be prepared?

For more information on preparing for pandemic influenza, please contact us at:  
[INSERT YOUR CONTACT INFORMATION]

Or visit us at www. [INSERT YOUR WEB SITE ADDRESS]  
Or visit [www.pandemicflu.gov/plan/individual/](http://www.pandemicflu.gov/plan/individual/) for more specific steps you can take to prepare for pandemic influenza.

If you would like us to personally contact you to discuss further planning for an influenza pandemic, please provide the following information:

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone Number \_\_\_\_\_ E-mail \_\_\_\_\_

What is the best time of day to reach you? Morning \_\_\_ Afternoon\_\_\_ Evening \_\_\_

THANK YOU!